

# A Worthy Life

Ephesians 4; February 13, 2008

Bible study skills explored: Using text notes & references, understanding NT use of OT and close textual reading

Please read Eph. 4.

:1 Paul urges(NIV), implores(NAS) or begs(NRSV) his audience to do what?

Paul describes himself in this verse as a prisoner of the Lord? How does his imprisonment contribute to his plea to his readers that they live a worthy life?

:2 List the descriptions of the life Paul urges them to live.

:3-6 What does Paul ask his readers to exert all their energies to do?

List those things in the Christian experience that require or support this effort.

:8-10 This quotation is loosely taken from Ps. 68:18. ( If you have time to pursue it, do you have any ideas about the kind of event the Psalmist imagines as he writes this poem?)

Look carefully at the context in the Ephesians passage. Circle the words in your bible that seem to have motivated the quotation.

:11-13 Jesus gave some to be

to what end?

:14-16 Paul contrasts what the church

‘will no longer be...’

‘but will...’

:17-19 How does Paul describe Gentiles?

:20-24 What are these Christians

‘to put off...’

‘to put on...’

:25-32 In this section, Paul again lists things to avoid and things to put into practice.

Don'ts

do's

What is the motivation for:  
:25 speaking the truth

:26-27 controlling anger

:28 not stealing

:29 cleaning up speech

:32 forgiving each other

If you have time, re-read :1-6, noticing particularly what is said about the Spirit. Then re-read :29-31. Notice the kinds of conversation described. Using these passages as context, what would you think “grieving the Holy Spirit of God” might mean?